

Now Foods Plant Protein,
Organic

Nutrition Facts

14 servings per container

Serving size 1 level scoop (32g)

Amount Per Serving

Calories **110**

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 300mg **13%**

Total Carbohydrate 3g **1%**

Dietary Fiber 2g **7%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 22g **32%**

Vitamin D 0mcg **0%**

Calcium 80mg **6%**

Iron 8.5mg **45%**

Potassium 140mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.